**2019 Outdoor Track and Field Information Sheet**

**\*Please Read and Complete Each Section as Noted\***

Coach Johnson – Head Coach: coach.dyronjohnson@gmail.com

Team Website: <http://www.CenturyTrackandField.com>

Team Twitter: @CHS\_KnightsTF

Athlete & Parent Contact Information: Please access the team website and submit your information on the “Home” page or “Registration Info” page via the Athlete Contact Information form. Please be sure that you only submit once and all information is correct. Please submit by March 1st to be sure you receive early team communications.

Team Registration: All CCPS required documentation is to be submitted online. **Must be completed by March 1st.** Please locate the “Athlete Registration Link” and the “Registration Instructions” to complete via:

<http://www.centurytrackandfield.com/registration-info.html>

Code of Conduct: This document contains the team rules of conduct. This MUST be signed and returned on the first day of practice (you may submit just the signature page). This document can be viewed and accessed via the team website at: <http://www.centurytrackandfield.com/registration-info.html>

Team Shirt: Per the Code of Conduct, this **must** be purchased prior to the first meet. All athletes are required to wear a team shirt to competitions. **$25, CASH ONLY**. You will not need to purchase another shirt if you purchased one during the Indoor season.

Team Commitments: CHS Track and Field is to take priority over non-scholastic sporting activities.

Practice Times: Monday – Friday from 3:15pm – 5:15pm. Saturday practice times vary by discipline. There are no practices on Saturday if there is a meet.

**First Day of Practice:**

* First practice is March 1st from 3:00pm – 6:00pm
* Athlete registration must be completed prior to March 1st
* Code of Conduct is to be handed in at the start of practice
* Bring attire to run in

**Important Dates:**

* First practice: March 1st
* Spike/Shoe Night at Tri Sport Junction: TBD

https://www.athletic.net/TrackAndField/School.aspx?SchoolID=19097

http://www.centurytrackandfield.com/calendar.html